



METRO EDMONTON HIGH SCHOOL ATHLETIC ASSOCIATION

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2011 EDMONTON ZONE CROSS COUNTRY SCHEDULE

MEET #1 (Rookie)	Thurs., September 8	Ross Shep - Coronation Park – 4:30 p.m. (parking Lot by Tennis Courts)
MEET #2 (Relay)	Wed., September 14	Hawrelak Park – 4:30 p.m.
MEET #3 (2 Event)	Wed., September 21	McNally-Forest Heights – 4:30 p.m.
MEET #4 (All Events)	Wed., September 28	Lower Goldbar Park – 4:15 p.m.
EDMONTON ZONE FINAL	Wed., October 5	Lower Goldbar Park – 1:00 p.m.
PROVINCIAL	Sat., October 15	Eagle Butte, South Zone (Edmonton Zone athletes will leave Friday from Edmonton)

START TIME: 4:30 p.m. – Meets 1,2,3,
 4:15 p.m. – Meet 4 1:00 p.m. – Zone Finals

Runners will compete in one classification only.

Classification:

Junior Boys	Under 16 as of September 1	4000 M
Intermediate Boys	Under 17 as of September 1	5000 M
Senior Boys	Under 19 as of September 1	6000 M
Junior Girls	Under 16 as of September 1	3000 M
Intermediate Girls	Under 17 as of September 1	4000 M
Senior Girls	Under 19 as of September 1	4000 M