



## METRO EDMONTON HIGH SCHOOL ATHLETIC ASSOCIATION

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### 2009 EDMONTON ZONE CROSS COUNTRY SCHEDULE

<b>MEET #1 (Rookie)</b>	Thurs., September 10	Ross Shep - Coronation Park – 4:30 p.m. (parking Lot by Tennis Courts)
<b>MEET #2 (Relay)</b>	Wed., September 16	Hawrelak Park – 4:30 p.m.
<b>MEET #3 (2 Event)</b>	Wed., September 23	McNally-Forest Heights – 4:30 p.m. (86 Street - 105 Avenue)
<b>MEET #4 (All Events)</b>	Wed., September 30	Lower Goldbar Park – 4:15 p.m.
<b>EDMONTON ZONE FINAL</b>	Wed., October 7	Lower Goldbar Park – 1:00 p.m.
<b>PROVINCIAL</b>	Sat., October 17	Wetaskiwin

**START TIME:**

4:30 p.m. – Meets 1,2,3,

4:15 p.m. – Meet 4      1:00 p.m. – Zone Finals

Runners will compete in one classification only.

**Classification:**

Junior Boys	Under 16 as of September 1	4000 M
Intermediate Boys	Under 17 as of September 1	5000 M
Senior Boys	Under 19 as of September 1	6000 M
Junior Girls	Under 16 as of September 1	3000 M
Intermediate Girls	Under 17 as of September 1	4000 M
Senior Girls	Under 19 as of September 1	4000 M