

**EDMONON HIGH SCHOOL ATHLETICS
GIRLS TRACK AND FIELD RECORDS AS OF 2008**

JUNIOR

100 m	:12.00	Kay Vogel	OSCN	1982
200 m	:25.09	Janice Zawaski	BEA	1997
400 m	:57.32	Janice Zawaski	BEA	1997
800 m	2:10.27	Tanya Wright	BEA	1997
1500 m	4:45.10	R. Bennett	QE	1984
3000 m	10:21.40	Megan Metcalfe	SCN	1998
Hurdles 80 m	:11.43	Elizabeth Iginla	SCN	2004
Hurdles 100 m	:15.30	Joanna Cooper	PK	1993
4 x 100 m Relay	:42.12	Strathcona	SCN	2002
High Jump	1.69 m	Lynda McCargar	MAC	1978
Long Jump	5.68 m	Joanne Otto	SCN	1982
Triple Jump	11.10 m	Renee Fredrick	BF	1996
Shot Put	13.36 m	Toni Kordic	MAC	1980
Discus	37.50 m	Sandy Ketterer	SJ	1979
Javelin	34.54 m	Lauren Simpson	JP	2007
Pole Vault	2.80 m	Tiffany Kinding	SCN	2006

INTERMEDIATE

100 m	:11.80	Amorette Bradshaw	OL	1995
200 m	:24.50	Senzeni Steingruber	RS	1988
400 m	:55.40	Senzeni Steingruber	RS	1988
800 m	2:13.25	Tanya Wright	BEA	1998
1500 m	4:48.35	Hayley Degaut	RS	2007
3000 m	10:16.46	Tara Struyk	JP	1998
Hurdles 80 m	:11.18	Heather Bergland	SFX	2004
Hurdles 100 m	:14.38	Senzeni Steingruber	RS	1988
4 x 100 m Relay	:50.40	Harry Ainlay	HA	1984
High Jump	1.66 m	Andrea Donaldson	JPP	1985
Long Jump	5.29 m	Joanne Otto	SCN	1983
Triple Jump	10.91 m	Brittney Harysh	LED	2007
Shot Put	12.86 m	Heather Fairbairn	RS	1987
Discus	43.01 m	Sandy Ketterer	SJ	1980
Javelin	39.68	Lauren Simpson	JP	2008
Pole Vault	2.85 m	Tiffany Kinding	SCN	2007

SENIOR

100 m	:11.80	Cheryl Allen	SCN	1989
200 m	:24.30	Cheryl Allen	SCN	1989
400 m	:56.60	Teresa Rich	BD	1987
800 m	2:13.90	Raeleen Hunter	BEA	2005
1500 m	4:44.38	Sophie Trageser	MAC	2005
3000 m	9:55.06	Tara Struyk	JP	1999
Hurdles 80 m	:11.63	Heather Bergland	SCN	2005
Hurdles 100 m	:13.72	Angela Whyte	RS	1998
4 x 100 m Relay	:47.00	Bonnie Doon	BD	1982
High Jump	1.69 m	Lynda McCargar	MAC	1979
Long Jump	5.49m	Eve Kosik	STA	2003
Shot Put	13.62 m	Sandy Ketterer	SJ	1981
Triple Jump	11.24 m	Ashley Patterson	LSL	2005
Discus	44.24 m	Sandy Ketterer	SJ	1981
Javelin	37.80 m	L. Sadownik	OSC	1983
Pole Vault	3.25 m	Kirstin Flesher	SCN	2006
4 x 400 m Relay Open	4:04.70	Strathcona	SCN	1980
3000 m Open	10:36.60	Adrienne Leversedge	McN	1984
Open Medley Relay	4:40.50	Ardrossan	ARD	1996
Open Pole Vault	3.00 m	Courtney Ewaschuk	RS	2001

**EDMONTON HIGH SCHOOL ATHLETICS
BOYS TRACK AND FIELD RECORDS AS OF 2008**

JUNIOR

100 m	:10.56	Tyler O’Gorman	SCN	2001
200 m	:22.50	Jack Sugget	JP	1977
	:22.50	Darren Gumbs	RS	1989
400 m	:50.05	Neil Chomos	OL	1985
800 m	1:58.77	Jason Wesolosky	SCN	1991
1500 m	4:08.04	Jamie Flower	RS	1985
3000 m	9:04.00	Matt Pearce	EG	1992
Hurdles 100 m	13.90 m	Mario Arriaza	SCN	1999
Hurdles 110 m	:14.50	G. Fuller (30’)	SCN	1977
Hurdles 110 m	:14.40	Jeff Begg (33’)	SCN	1990
4 x 100 m Relay	:42.12	Strathcona	SCN	2002
High Jump	1.94 m	Brad Kernan	RS	1980
Long Jump	6.58 m	Victor Jereniuk	VIC	1972
Triple Jump	14.11 m	Dexter Amour	MEL	1983
Pole Vault	3.90 m	Darcy Molstad	SCN	1994
Shot Put	16.10 m	D. Styles (4.0 k)	SCN	1967
	16.10 m	J. Samoil (5.5 k)	SCN	1979
Discus	45.77 m	Paul Rains	SCN	1983
Javelin	49.74 m	Pierre Lueders	JP	1987

INTERMEDIATE

100 m	:10.10	Abi Isaac	OL	1991
200 m	:21.85	Abi Isaac	OL	1991
400 m	:49.10	Jason Wesolosky	SCN	1993
800 m	1:55.60	Jason Wesolosky	SCN	1993
1500 m	4:03.10	Chris Judge	SCN	1980
3000 m	9:10.56	Travis McKay	HA	2002
Hurdles 100 m	:13.22	Colin Amsbaugh	HA	2001
Hurdles 110 m	:14.03	John Kistenkas	McN	1991
4 x 100 m Relay	:43.34	Jasper Place	JP	1980
High Jump	2.00 m	Isaac Tyler	EG	2007
Long Jump	6.72 m	Edmund Ledi	STA	1991
Triple Jump	13.81 m	Dewayne Douglas	RS	1994
Pole Vault	4.40 m	Deryk Theodore	SCN	2006
Shot Put	14.41 m	George Samaha	JP	1986
	14.41 m	Greg Whelan	HT	2001
Discus	46.48 m	Paul Rains	SCN	1984
Javelin	50.70 m	Pierre Leuders	JP	1987

SENIOR

100 m	:10.40	John Rosary	SJ	1989
200 m	:21.40	John Rosary	SJ	1989
400 m	:48.10	Khane Bolster	JP	1987
800 m	1:55.10	Mike McLean	SJ	1989
1500 m	3:59.70	Blair Rosser	SCN	1980
3000 m	8:33.43	Aaron Robson	HA	2004
Hurdles 110 m	:13.87	Yves McDavid	HA	1986
Hurdles 100 m	:14.14	Matthew Cordoza	HA	2007
4 x 100 m Relay	:42.80	Harry Ainlay	HA	1987
High Jump	2.12 m	Jesse Lipscombe	STA	1998
Long Jump	7.10 m	Selwyn Taylor	HA	1987
Triple Jump	14.31 m	Oral Ogilvie	HA	1987
Pole Vault	4.45 m	Brad Young	SCN	1995
Shot Put	17.04 m	Ron Lundquist	VIC	1971
Discus	46.46 m	Paul Rains	SCN	1985
Javelin	52.30 m	Rick Magdziasz	SCN	1979
4 x 400 m Relay	3:24.70	Strathcona	SCN	1988
3000 m Open	8:46.90	Chris Judge	SCN	1980
Open Medley Relay	3:43.20	Beaumont	BEA	1994