

**EDMONTON ZONE HIGH SCHOOL  
2012 WRESTLING CHAMPIONSHIPS**

Date	Wednesday, February 22, 2012			
Location	Memorial High School 50 Westerra Centre (Please note this a new school location) Stony Plain, Alberta			
Competition Start Time	5:00 p.m.			
Co-ordinator	Mark Rose 780-963-2255 <a href="mailto:mrose@psd70.ab.ca">mrose@psd70.ab.ca</a>			
Contact	Scott Sinclair 780-429-8343 or Norma Smith 780-989-3005 <a href="mailto:Scott.sinclair@epsb.ca">Scott.sinclair@epsb.ca</a> <a href="mailto:metroedm@telus.net">metroedm@telus.net</a>			
Weigh-ins	Each school is responsible for their weigh-ins. Weigh-ins should take place as close to February 17th as possible. There will be no weigh-in on the day of the championships. Weigh-in forms are to be completed, signed and faxed or e-mailed by February 17, 2012 - 2:00 p.m. to: Scott Sinclair Fax: 780-424-8503 E-mail: <a href="mailto:scott.sincliar@epsb.ca">scott.sincliar@epsb.ca</a> If you require additional space, please photocopy the weigh-in forms.			
Eligibility	Open to any bona-fida student who meets all ASAA eligibility requirements. Top five male wrestlers and top five female wrestlers from each weight class at the zone meet qualify for the provincial meet to be held March 9, 10, 2012 at Foothills High School. Okotoks			
Draw	The draw will be as per CAWA rules. Three mats will be used for competition. Bouts for men and women will consist of three two-minute rounds with a 30-second break between rounds. All matches will be stop time.			
Weight Classifications	Male		Female	
	43-47 kg	76 kg	44 kg	65 kg
	50 kg	82 kg	47 kg	70 kg
	53 kg	90 kg	50 kg	75kg
	56 kg	98 kg	53 kg	80 kg
	59 kg	108 kg	57 kg	90 kg
	62 kg	120 kg	61 kg	90+ kg *
	65 kg	120+ kg *		
	68 kg			
	72 kg			
General Information	<ul style="list-style-type: none"> <li>• In order to compete in the 90+ female / 120+ male category, the wrestler must weigh over 90 kg for females and over 120 kg for males.</li> <li>• <b>Each weight listed represents the upper limit of the weight class.</b></li> <li>• All females will wear a single/leotard for the weigh-in. There will be no weight allowance for the singlet.</li> <li>• Hair must be short or tied back with a non-metal attachment.</li> <li>• Wrestlers are required to wear a singlet. The singlet may be of school colors with school logo and school name on it. No club or provincial singlet is allowed.</li> <li>• All wrestlers must wear a mouth guard. If during competition the mouth guard comes out, it may be replaced at an appropriate time at the official's discretion.</li> <li>• Water bottles may be in the corner during competition.</li> <li>• Use of garbage bags, sauna suits or similar clothing or equipment in order to facilitate weight loss is not allowed. Ruling to be applied as per CAWA rulebook.</li> <li>• Please refer to ASAA policy handbook; page 125 #3. Illegal moves</li> </ul>			
Awards	<ul style="list-style-type: none"> <li>• Gold, Silver and Bronze medallions will be presented to 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place</li> <li>• Male and female team trophies</li> <li>• Grand aggregate trophy</li> <li>• Outstanding wrestler trophy</li> </ul>			
Team Points	Pursuant to ASAA handbook, all placing competitors count points (10, 7, 5, 3, 2, 1) toward the team total to determine team championship.			