

**EDMONTON ZONE HIGH SCHOOL
2009 WRESTLING CHAMPIONSHIPS**

Date	Wednesday, February 25, 2009		
Location	M.E. Lazerte High School 6804 - 144 Avenue Edmonton, AB		
Competition Start Time	5:00 p.m.		
Co-ordinator	Larry Moro		
Contact	Scott Sinclair 780-429-8343		
Weigh-ins	<p>Each school is responsible for their weigh-ins. Weigh-ins should take place as close to February 23rd as possible. There will be no weigh-in on the day of the championships.</p> <p>Weigh-in forms are to be completed, signed and faxed or e-mailed by February 23, 2009 - 2:00 p.m. to: Scott Sinclair Fax: 780-424-8503 E-mail: scott.sinclair@epsb.ca</p> <p>If you require additional space, please photocopy the weigh-in forms.</p>		
Eligibility	Open to any bona-fida student who meets all ASAA eligibility requirements. Top five male wrestlers and top five female wrestlers from each weight class at the zone meet qualify for the provincial meet to be held March 13, 14, 2009 at High River, AB.		
Draw	The draw will be as per CAWA rules. Three to four mats will be used for competition. Bouts for men and women will consist of two three-minute rounds with a 30-second break between rounds. All matches will be stop time.		
Weight Classifications	Male		Female
	44 kg	72 kg	44 kg 65 kg
	47 kg	76 kg	47 kg 70 kg
	50 kg	82 kg	50 kg 75kg
	53 kg	90 kg	53 kg 80 kg
	56 kg	98 kg	57 kg 80 kg +
	59 kg	108 kg	61 kg
	62 kg	120 kg	
	65 kg	120 kg +	
	68 kg		
General Information	<ul style="list-style-type: none"> • In order to compete in the 80+ female / 120+ male category, the wrestler must weigh over 80 kg for females and over 120 kg for males. • Each weight listed represents the upper limit of the weight class. • All females will wear a single/leotard for the weigh-in. There will be no weight allowance for the singlet. • Hair must be short or tied back with a non-metal attachment. • Wrestlers are required to wear a singlet. The singlet may be of school colors with school logo and school name on it. No club or provincial singlet is allowed. • All wrestlers must wear a mouth guard. If during competition the mouth guard comes out, it may be replaced at an appropriate time at the official's discretion. • Water bottles may be in the corner during competition. • Use of garbage bags, sauna suits or similar clothing or equipment in order to facilitate weight loss is not allowed. Ruling to be applied as per CAWA rulebook. 		

Awards	<ul style="list-style-type: none">• Gold, Silver and Bronze medallions will be presented to 1st, 2nd and 3rd place• Male and female team trophies• Grand aggregate trophy• Outstanding wrestler trophy
Team Points	Pursuant to ASAA handbook, all placing competitors count points (10, 7, 5, 3, 2, 1) toward the team total to determine team championship.