

## About the School

The Fall Power Skating/Development School offers specialized skating instruction and skill development for both hockey and ringette players of all ages and skill levels.

The highly qualified and energized Professional Coaching Staff have several years of experience and enjoy working with athletes in a positive structured teaching environment.

The on-ice skater/instructor ratio is 5/1.

This is also a junior coach mentorship program.

The Fall Power School is hosted at the K of C Twin Arena Complex located on 13160-140 Ave in Edmonton.

Full equipment, sticks and water bottles are required.

Child Tax Credit receipts will be issued.

## Registration Information

Registration is accepted on a first come basis and fills up fast!!

To complete the registration process **payment must be included** with the registration form.

**NOTE** - A \$25.00 fee will be charged for all cancellation.

Payment in the form of e-transfer, money order or cheque payable to **Donna Stewart Ent. Inc** is accepted. Sorry credit cards are not accepted.

You will be contacted by email mid July confirming the dates and times of the Skill Enhancement Camp that your child has been accepted in.

**PLEASE NOTE** - Your original camp request may be changed depending on the availability, age, skill level and experience of the 2019 Fall Power School's registrants.

Registration forms and payment can be mailed to:

Donna Stewart Ent. Inc.  
5 Laurent Place  
St. Albert, AB, T8N 4N5

## About the Development Camps

The Skill Enhancement Camps provide a technical breakdown of each skating skill in a positive and progressive format.

The skill is then incorporated into skating related flow drills that are designed to reinforce the skill taught.

Stick positioning and ring/puck control is also incorporated.

The objective is to introduce the skater to as many skating options to built their confidence and self-esteem, to be more involved in the game, to create a broader ice vision and give them the ability to compete in a safer and more enjoyable environment.

The Camps are designed to improve balance, power, edge control, flexibility, agility, explosive quickness and conditioning.

## **Power Skating/Development Camps**

### **Offered on Sun, Tues and Thurs**

(August 18, 20, 22, 25, 27, 29, September 1, 3, 5)

Includes nine one-hour sessions

**Cost: \$350.00 (Includes GST)**

<b>Camp 1 - 6:15 - 7:15 pm</b>	Ages: 5 to 7
<b>Camp 2 - 7:15 - 8:15 pm</b>	Ages: 7 to 9
<b>Camp 3 - 8:30 - 9:30 pm</b>	Ages: 9 to 12

### **Offered on Mon, Wed and Fri**

(August 19, 21, 23, 26, 28, 30, September 2, 4, 6)

Includes nine one-hour sessions

**Cost: \$350.00 (Includes GST)**

<b>Camp 4 - 6:15 - 7:15 pm</b>	Ages: 6 to 8
<b>Camp 5 - 7:15 - 8:15 pm</b>	Ages: 8 to 10
<b>Camp 6 - 8:30 - 9:30 pm</b>	Ages: 10 and Up

## **REGISTRATION FORM**

Child's Name \_\_\_\_\_

Parents Names \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ Postal \_\_\_\_\_

Hm# \_\_\_\_\_ Cell# \_\_\_\_\_

Email \_\_\_\_\_

DOB - Month \_\_\_\_\_ Day \_\_\_\_\_ Year \_\_\_\_\_

Medical Conditions \_\_\_\_\_

**18/19 Team Division and Tier - (e.g. - U12AA, Atom - House League, Interlock/Tier 4 or Rep A, AA, AAA**

Years of Playing Experience \_\_\_\_\_

Special Requests/Carpooling info:

**Power Skating/Development Camp of Interest:**

**Please Note:** Your camp of interest may be changed depending on the skill level and ages of Fall Power School's registrants.

### Amateur Athletic Waiver and Release of Liability

I the undersigned, for myself, my heirs, executors, administrators and assigns, release any member of the "Donna Stewart Power Skating School" program, or its respective helpers from any claims, demands, damages, actions, or causes of actions arising out of or in consequence of any losses, injury or damage to my child's person or property incurred while attending or participation in the "Donna Stewart Power Skating School".

Parent/Guardian \_\_\_\_\_

Date \_\_\_\_\_

**Registration form and payment can be mailed to:**

**Donna Stewart Ent. Inc.  
5 Laurent Place, St. Albert, AB, T8N 4N5**

## COACHING STAFF

### **DEBBIE KLATT**

#### **Power Skating Instructor for:**

Donna Stewart Fall Power Skating School  
Competitive Thread Hockey Program  
St. Albert Minor Hockey Association  
St. Albert Public School Hockey Academy  
Sturgeon Minor Hockey Club  
Morinville Power Program  
Knights of Columbus Minor Hockey Association  
CR Minor Hockey Association  
U of A Golden Bears Summer Hockey School  
Cloverdale Community League  
Future Champion's Ringette Schools  
U of A Summer Ringette Schools  
Spruce Grove Ringette Association  
St. Albert Ringette Association  
Sherwood Park Ringette Association  
Edmonton Federation Ringette Association

**NRL Black Gold Rush – Ass't Coach**

**CSI - Ringette**

**CI 1 and 2 – Ringette**

**NCCP Coach Level – Hockey**

**NCCP Level 1 – Figure Skating**

**NCCP Level 2 – Theory**

**27 Years Teaching Experience**

### **ADRIENNE MYERS**

#### **Power Skating Instructor for:**

Donna Stewart Fall Power Skating School  
Knights of Columbus Minor Hockey Association  
Morinville Power Program  
St. Albert Minor Hockey Association  
St. Albert Ringette Association

**BSc in Biological Sciences**

**18 Years Teaching Experience**

## ADDITIONAL STAFF

Jackie Trynchy  
Elizabeth Corrigan  
Brittney Stahn  
Peter Corrigan  
Abby Klatt  
Connor Ackroyd  
Alice Boddez

# 2019



## **SPECIALIZED SKATING INSTRUCTION**

## **AND SKILL DEVELOPMENT**

## **FOR**

## **HOCKEY AND RINGETTE PLAYERS**



**"43 Years of Teaching Experience"**

Contact # - (780) 458-6572

Email – [stewart@telusplanet.net](mailto:stewart@telusplanet.net)

Website – [www.donnastewartinc.com](http://www.donnastewartinc.com)

Sponsored by:



## HEAD COACH and DIRECTOR

### **DONNA STEWART**

#### **Program and Designer for:**

Donna Stewart's Fall Power Skating School  
Competitive Thread Summer Hockey School  
Sturgeon Minor Hockey Club  
Knights of Columbus Minor Hockey Association  
Bruderheim Minor Hockey Association  
St. Albert Minor Hockey Association  
Fort Saskatchewan Minor Hockey Association  
Maple Leaf Minor Hockey Association  
Whitemud West Minor Hockey Association  
NEZ Minor Hockey Association  
CR Knights Minor Hockey Association  
CNN Minor Hockey Association  
Morinville Power Program  
Brave Raiders Hockey Club  
Edmonton Northstars Athletic  
St. Edmunds Hockey Academy  
OLA Fort Saskatchewan Sports Academy  
St. Albert Referee Power Skating Clinic  
Sherwood Park Minor Hockey Teams  
Spruce Grove Minor Hockey Teams  
U of A Golden Bears Summer Hockey School  
Leduc Summer Hockey Program

U of A Summer Ringette Schools  
St. Albert Ringette Association  
U of A Ringette Club  
Zone 5 AA Ringette Club  
Edmonton Federation Ringette Association  
Beaumont Ringette Association  
Spruce Grove Ringette Association  
Sherwood Park Ringette Association  
Fort Sask Ringette Association  
Drayton Valley Ringette Association  
Lorrie Horne's Future Champion's Ringette School

**Certified Can Power Skating Instructor**  
**NCCP Intermediate Coach Level – Hockey**  
**NCCP Level 2 – Ringette**  
**NCCP Level 3 – Theory**  
**NCCP Level 3 – Technical – Figure Skating**  
**Hockey Canada Safety Program**  
**Power Skating Coach Mentor**

**25 Years of Coaching Experience in both Hockey and Ringette**

**43 Years of Teaching Experience**