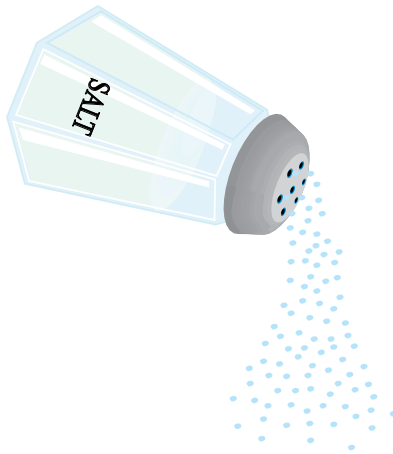


# Salt & Light

## September 2009



**Week 2 - Don't Hide Your Light**  
**Matthew 5:16; 2 Corinthians 4:6**

## WEEK 2 - LIGHT

### INTRODUCTION:

In Scripture the word “light” means joy, blessing and life in contrast to the darkness of sorrow, adversity and death.

It was God’s first gift to a formless darkness. “Let there be light.” (Genesis 1:3)

God’s holiness is reflected in light and his son Jesus Christ refers to himself as “the Light of the world”.

Jesus says:

“You are the light of the world. A city on a hill cannot be hidden. Neither do people light a lamp and put it under a bowl. Instead they put it on its stand and it gives light to everyone in the house. In the same way let your light shine before men that they may see your good deeds and praise your Father in heaven.” (Matthew 5:14-16)

### ICE BREAKER:

What memory do you have from your childhood in relationship to darkness? Was it at all scary?

What is your most vivid memory of light? (first flashlight/fireworks/seeing the sun rise)?



## QUESTIONS Cont'd

2. Psalm 36:9 says:

“For with you is the fountain of life. In your light we see light.”

How do you think the way we approach life could change if we were allowing Christ’s light to illuminate situations? Can you think of an example?

3. When we are confronted with a confusing problem, where can we go for clarity of thought? (Best friend/internet/minister?)

Or

Psalm 119:130 says:

“The unfolding of your words gives light. It gives understanding to the simple.”

Do you think these words help with the complex problems we face today? Why? Or why not?

## QUESTIONS Cont'd

When do you think it is better to be “simple” than to “know it all”?

4. Eugene Peterson in “The Message” translates I John 2:9 thus;

“Anyone who claims to live in God’s light and hates a brother or sister is still in the dark. It is the person who loves brother and sister who dwells in God’s light and doesn’t block the light from others.”

How do you think bad behaviour by Christians could block the light from others?

## QUESTIONS Cont'd

5. I Thessalonians 5:5,6 says:

“You are all sons of the light and sons of the day. We do not belong to the night or to the darkness. So then let us not be like others who are asleep but let us be alert and self controlled.”

How can complacency creep into our walk with the Lord?

Why is it so important to be alert and self controlled in a world that loves darkness?

## FOR PERSONAL REFLECTION

Is your walk bathed in light at the moment? Are there some dark corners that could be illuminated by a closer association with God's word?

How could this verse prompt you this week?

Psalm 18:28:

“You, O, Lord, keep my lamp burning. My God turn my darkness into light”

NOTES: